

For he shall deliver you from the snare of the fowler  
**and from the deadly pestilence.**

He shall cover you with his wings and you shall be safe under his feathers;  
**his faithfulness shall be my shield and buckler.**

You shall not be afraid of any terror by night,  
**nor of the arrow that flies by day;**

Of the pestilence that stalks in darkness,  
**nor of the sickness that destroys at noonday.**

Because you have made the Lord your refuge  
**and the Most High my stronghold,**

There shall no evil happen to you,  
**neither shall any plague come near my tent.**

For he shall give his angels charge over you,  
**to keep me in all my ways.**

### The Conqueror

Lord Jesus, strengthen every good  
Defeat the power of evil

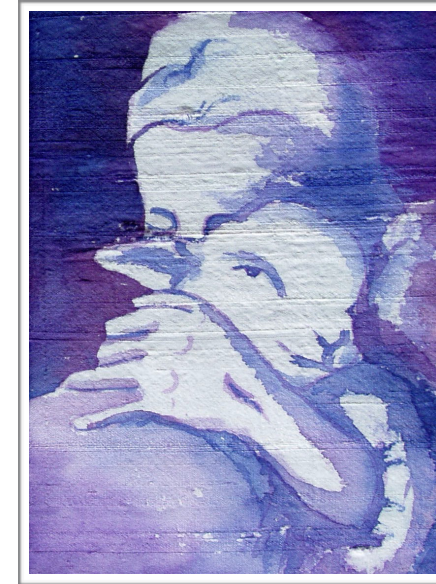
Lord strengthen every light  
Defeat the power of darkness

Lord strengthen every power  
Defeat the power of weakness

Lord strengthen every joy  
Defeat the power of sadness

Lord strengthen every love  
Defeat the power of hatred

Lord strengthen every life  
Defeat the power of death



## Prayers for Protection and Peace

### The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.

### Calm me O Lord

as you stilled the storm  
Still me O Lord, keep me  
from harm  
Let all the tumult within me  
cease  
Enfold me Lord in your  
peace.

## Dedication

I give myself to you, Lord Jesus

*I give myself to you*

With my mind and its thinking

*I give myself to you*

With my hands and their working

*I give myself to you*

With my eyes and their seeing

*I give myself to you*

With my body and its actions

*I give myself to you*

With my heart and its loving

*I give myself to you*

I give myself to you Lord

*I give myself to you*

## Just you

You are not an accident.

Even at the moment of your conception,

out of many possibilities

only certain cells combined,

survived, grew to be you.

You are unique.

You were created for a purpose.

God loves you.

## St Patrick's Breastplate

Christ, as a light

illumine and guide me.

Christ, as a shield

overshadow me.

Christ under me;

Christ over me;

Christ beside me

on my left and my right.

This day be within and without me,

lowly and meek, yet all-powerful.

Be in the heart of each to whom I speak;

in the mouth of each who speaks unto me.

This day be within and without me,

lowly and meek, yet all-powerful.

Christ as a light;

Christ as a shield;

Christ beside me

on my left and my right.

## For a place

Visit, Lord, we pray, this place and drive far from it all the snares of the enemy. Let your holy angels dwell here to keep us in peace, and may your blessing be upon it evermore; through Jesus Christ our Lord. Amen.

## Caim 'encircling prayer'

Circle me (or name), Lord.

Keep comfort near

and discouragement afar.

Keep peace within

and turmoil out. Amen

Circle me, Lord.

Keep protection near

and danger afar.

Circle me, Lord.

keep hope within,

keep doubt without.

Circle me, Lord.

Keep light near

and darkness afar.

Circle me, Lord

keep peace within

keep anxiety out.

The eternal Father, Son and Holy Spirit

shield me on every side.

Amen

## Before sleep

May the cross of the Son of God,

which is mightier than all the hosts of Satan,

and more glorious than all the hosts of heaven,

abide with me in my going out and my coming in.

By day and by night, at morning and at evening,

at all times and in all places may it protect and defend me.

From the wrath of evildoers, from the assaults of evil spirits,

from foes visible and invisible, from the snares of the devil,

from all passions that beguile the soul and body:

may it guard, protect and deliver me. Amen.

## Based on Psalm 91

Whoever dwells in the shelter of the Most High,

**and abides under the shadow of the Almighty,**

Shall say to the Lord, 'My refuge and my stronghold,

**my God, in whom I put my trust.'**